

## COMPUTER COURSES ALL CLASSES ON MONDAYS

### DIGITAL SKILLS for CITIZENS (7.00-9.00 pm) FREE

Learn to browse & search the internet. Email, downloading, access to online booking of flights & tickets. Storage of family photos etc. **5 weeks.**

### INTERMEDIATE COMPUTERS (7.30-9 pm) €80

For those who have completed a basic computer course. Covers word processing, spreadsheets, internet & email. **6 weeks.**

## ENROLMENT CONDITIONS

- Fees cover tuition & use of building only. Materials used are at the discretion of tutors & must be paid for separately.
- Formation of course depends upon demand & availability of tutor.
- Courses are only provided for those over 16 years of age.
- Your receipt is your admission ticket to your course.
- Fees once paid are **STRICTLY NON-REFUNDABLE**, unless a class is not formed, in which case the fee will be returned by post as soon as possible.
- If a course is booked to capacity, we will contact the applicant & offer them their 2nd choice or a full refund.
- No deposits will be accepted as booking on a course.
- Postal enrolment students will **only** be contacted in the event of a class being full or due to a cancellation of a class.
- All students attend at their own risk & the Board of Management cannot accept any responsibility for injury to any person or for property mislaid on the premises.
- Rooms (computer rooms & classrooms) are available for hire at reasonable rates for committee meetings, discussion groups, etc.

## POSTAL ENROLMENT FORM

Completed enrolment forms with cheque/postal order made payable to Ashbourne Community School & addressed to the **Adult Education Office, Ashbourne Community School, Ashbourne, Co. Meath. A84 T925.**

Name:

Address:

Mobile Contact Number:

Home Contact Number:

Email Address:

1st Choice Course:

Fee: €

2nd Choice Course:

Fee: €

## ACS School Sports Hall

**Sports hall, courts, mezzanine & rooms available to rent**

**Contact us on  
01-8353007 or 083-8454943**

## SPORTSHALL TRAINING

**Available in Badminton, Basketball, GAA, Handball, Karate, Judo, Soccer, Taekwondo etc.**

Contact us 01 8353007

## EASTER STUDY

**Monday 9th April to Thursday 12th April 2020 (10.00 am-1.15 pm)  
€25 for 4 days**

## NEW COURSES

**If you have a skill you can impart or an idea for courses, please email your idea &/or CV to [adulthood@ashcom.ie](mailto:adulthood@ashcom.ie)**



# Ashbourne Community School

## Community Education Programme SPRING 2020

## Enrolment Details

**To avoid class cancellations please book early**

1. **Online** – [www.ashcom.ie/adulted](http://www.ashcom.ie/adulted)
2. **In School Adult Education Office** – Monday-Friday from Wednesday 15th January 2020 (10.30-12.30 pm) until Thursday 23rd January 2020
3. **By Phone** – landline 01-8353007 or mobile 083-8454943
4. **Postal Enrolment** – see brochure

**All classes are on Mondays  
commencing on Monday 27th  
January 2020!**



Find us on  
**Facebook**  
[www.facebook.com/acsadulted](http://www.facebook.com/acsadulted)

**Jackie Connolly** Adult Education Director  
**Rhona Gannon** Adult Education Officer

**Email: [adulthood@ashcom.ie](mailto:adulthood@ashcom.ie)  
Website: [www.ashcom.ie/adulthood](http://www.ashcom.ie/adulthood)**

**BLOW DRY BEAUTIFUL** (7.30-9.00 pm) €60  
Achieve a professional look for your hair. **10 places. 4 weeks.**

**BRIDGE – BEGINNERS LEVEL 2** (7.00-9.00 pm) €100  
Bridge is for life. Keep the mind active & the memory in shape.  
**16 places. 9 weeks.**

**CERTIFICATE IN BOOKKEEPING** *NEW* (7.00-10.00 pm) €595  
Accredited by the Institute of Certified Bookkeepers. This course is aimed at those who are new to bookkeeping. Successful candidates will be able to demonstrate a full understanding of the concepts of double entry bookkeeping, enter transactions & produce an initial trial balance. The course is made up of five topics: Underpinning Knowledge, Preparation of Business Documents, Accounting for VAT, Entering Transactions, & Reconciliation and Reporting. There are no formal entry requirements to this course & no prior bookkeeping knowledge is assumed at this level. Candidates must have basic numerical skills & a good understanding of the English language. Assessment -testing of knowledge & skills for the qualification - three online assessments. **12 weeks & 3 Saturdays**

**COOKING FOR FUN** (7.00-9.00 pm) €80  
Improve your cooking skills & enjoy your time in the kitchen. For men & women. Demo & participation! Salads, soups, sauces, meat & fish.  
**Ingredients not included in cost. 6 weeks.**

**COUNSELLING SKILLS** (7.15-9.15pm) €80  
Taster course for those interested in counselling. Topics include an overview of what it involves, theories, self-awareness & skills to use at home & elsewhere. **6 weeks.**

**CPR & DEFIBRILLATOR WORKSHOP** *NEW* (6.30-9.30 pm) €55  
Certificate of Completion valid for two years. **1 night 27th January.**

**CREATIVE PHOTOGRAPHY – BEGINNERS / IMPROVERS** (7 – 9 pm) €100  
Subjects include depth of field, camera programme controls, taking portraits, image correction. Work appraised & problems corrected. No experience necessary. **9 weeks.**

**CREATIVE WRITING** (7.30-9.30 pm) €100  
Explore your creative side with a structured writing course that covers short stories, novels, poetry, memoir & getting published. **9 weeks.**

**DRAWING/SKETCHING/PAINTING** (7.15-9.15 pm) €90  
Explore your creativity, looking at a variety of techniques & media. Starting with charcoal & pencil drawing, using chalk and oil pastel to depict landscape & still life. Introduction to watercolour & acrylic painting. Topics include composition, depicting human form & colour mixing. **All materials supplied. No experience necessary. 8 weeks.**

**ENGLISH AS SECOND LANGUAGE – BEGINNERS & IMPROVERS** (7.00-9.00 pm) €100  
All students will be placed in classes **on the first night at 7.00 pm** – Beginners, Elementary, Pre-Intermediate & Intermediate. **9 weeks.**

**FIBRE ARTS: TAPESTRY WEAVING/EMBROIDERY** *NEW* (7.00-9.00 pm) €100  
Covers fundamentals of embroidery, needle felting techniques in the form of tapestry weaving (carpet-making techniques). All materials needed are supplied for €15 (to be paid to the teacher at the first class of the course) & all tools will be provided for the duration of class. **9 weeks.**

**FIRST AID WORKSHOP** *NEW* (6.30-9.30 pm) €55  
Cert of Completion valid 2 years. For Parents, sportsclubs & childcare workers who require basic first aid. **1 night 3rd February**

**FLORAL DESIGN** (7.00-9.00 pm) €80  
Learn techniques & artistic ways of flower arranging for the home from an award winning florist (Bloom Winner 2018-2019 and AOIFA Demonstrator). **Small extra cost each week to cover flowers. 6 weeks.**

**FRENCH – BEGINNERS** (7.30–9.00 pm) €90  
Learn French in a relaxing & friendly atmosphere. **9 weeks.**

**GET TO KNOW YOUR SEWING MACHINE** (7.00-9.00 pm) €80  
Learn how to thread & fill bobbin, fix machine problems, & basic sewing seams and pleats. Make a fully functioning reversible tote bag, in a variety of quality fabrics and a cushion cover.  
**€10.00 fee for cost of fabrics. 6 weeks.**

**GOLF – BEGINNERS & IMPROVERS** (7.00-8.00 pm) €80  
Master the basics, improve your game with instruction from a qualified pro. **Classes at The Ward Driving Range. 7 places. 7 weeks.**

**GUITAR – BEGINNERS** (7.30-8.30 pm) €90  
Introduction to keys, main chords & basic strums. Good fun. Individual attention. **9 weeks.**

**ITALIAN – BEGINNERS** (7.00-8.30 pm) €90  
Ciao a tutti! For beginners & those with a smattering already. Build your confidence in speaking & using the language in a fun way with a native speaker.  
**9 weeks.**

**LOVE MAKE-UP** (7.00-9.30 pm) €60  
Learn the tips & tricks from a professional make-up artist. Gain experience & confidence to apply your own make-up to perfection. Kick start your career as a make-up artist. Get an insight into the cosmetics industry. **3rd Feb, 10th Feb & 17th Feb**

**MAKE & BAKE** (7.00-9.00 pm) €80  
A perfect class for anyone wanting to roll up their sleeves & get started in the world of baking. From basic yeast to cakes and desserts, this course covers many aspects of the craft with the goal of turning beginners into confident bakers. **6 weeks.**

**MINDFULNESS AN INTRODUCTION** (7.30-8.30 pm) €65  
You will be taught the basics about what mindfulness is & ways to practice it. **Bring your own mat & pillow/cushion. 8 weeks.**

**PHOTOSHOP ELEMENTS** (8.30 -9.30 pm) €80  
Digital Image Correction. Fix blemishes, correct errors, etc, in this PC based course. Software used is Photoshop Elements. Basic knowledge of computers essential. Weekly assignments. **9 weeks.**

**PILATES** (7.00-8.00 pm) €80  
A series of non-impact exercises designed to develop strength, flexibility, balance & inner awareness. Suitable for beginners to advanced levels. **Bring your own mat. 9 weeks.**

**POLISH IMPROVERS** *NEW* (7.00-8.30 pm) €90  
This Polish course is aimed at those who have a good grasp of the present tense & a reasonable vocabulary. Emphasis is on oral & written communication & grammar. **9 Weeks**

**SNA (SPECIAL NEEDS ASSISTING): QQI LEVEL 5** (7.00-9.30 pm) €290  
12 weeks and 30 hours work placement. Run in partnership with College of Progressive Education. Fee based on 15 students min. 12 weeks and 30 hours work placement.

**SNA (SPECIAL NEEDS ASSISTANT): QQI LEVEL 6** *NEW* (Tuesdays 7.00-9.30 pm) €290  
For learners who wish to progress from a QQI Level 5 to a QQI Level 6 qualification. Further develop skills, knowledge & understanding of the role of the Special Needs Assistant & promote good practice among those working in the school system. **30 hours SNA work placement is also required. Fee based on 15 students min.** For further details [www.progressivecollege.ie/sna-courses/](http://www.progressivecollege.ie/sna-courses/)

**SPANISH – BEGINNERS** (8.05-9.30 pm) €90  
On your next visit to a Spanish speaking country immerse yourself in it's culture by communicating in a simple but effective manner!

**SPANISH – IMPROVERS** (8.00-9.25 pm) €90  
For those who already have some knowledge of the language.  
**9 weeks.**

**SPANISH – INTERMEDIATE** (6.30-7.55 pm) €95  
For those who have completed an improvers course. **9 weeks.**

**SUGARCRAFT** (7.30-9.30 pm) €100  
Cake decorating for all occasions. All levels welcome! Why not bring a friend? **9 weeks.**

**YOGA** *NEW* (8.05 – 9.05pm) €90  
Gain strength, stamina & flexibility. Through movement, breath & guided relaxation learn to focus the mind! Practise key yoga poses. Please bring your own mat. **9 weeks**